

# How to Choose the Right Lift Chair for You



## Choosing the right lift chair for you

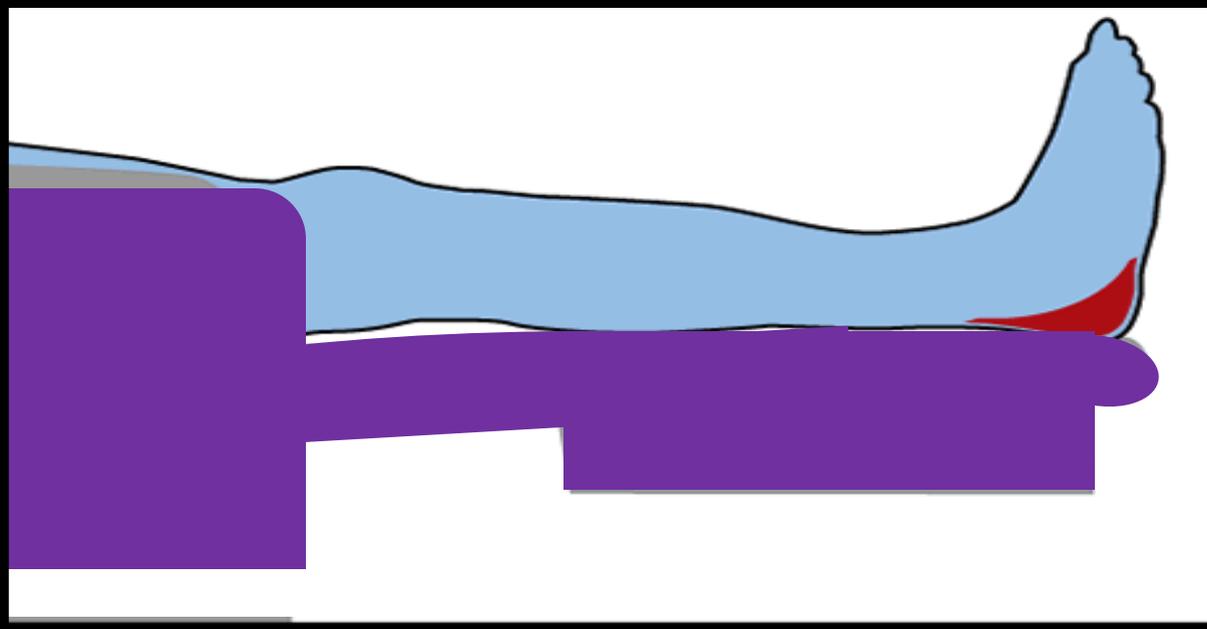
For clients who have mobility issues, a lift chair can offer greater comfort and convenience. These chairs can be found in a variety of styles, sizes, fabrics and colors to meet your needs and complement your home decor. Lift chairs come in many models that offer different features to satisfy the individual needs of users.

### Consider the following questions to help guide your selection process:

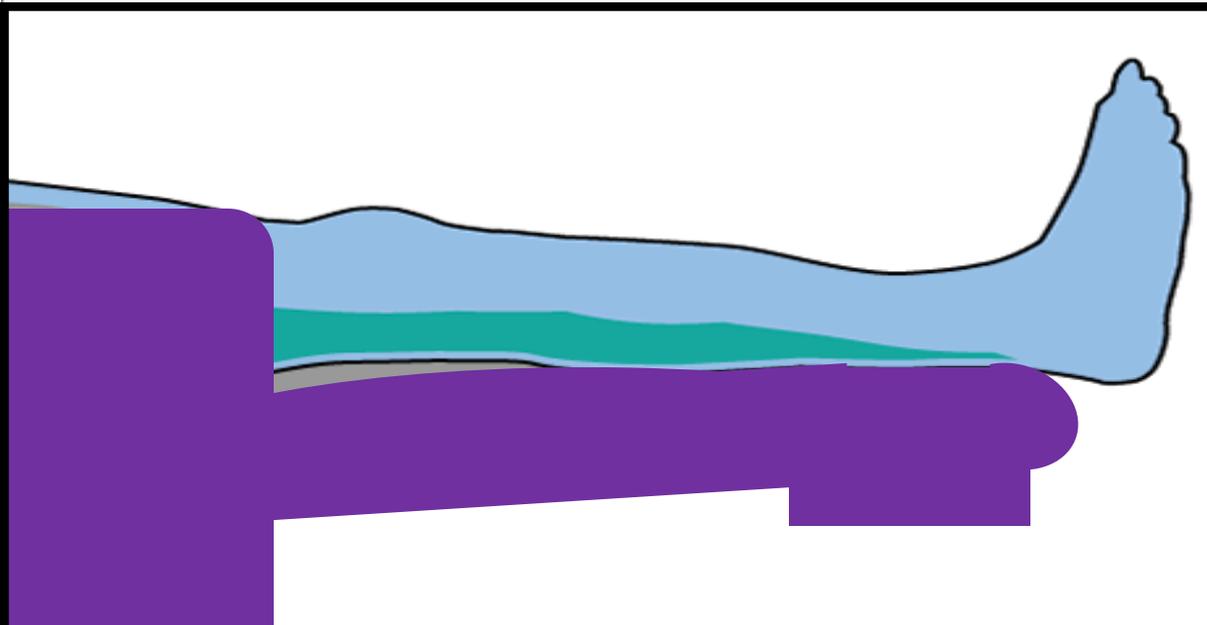
- Do you need right hand or left hand controls?
- What size chair do you require, considering your height and weight, as well as the space in your home that the chair will occupy?
- How much seat depth and width do you require?
- What accessories do you want -- such as heat or massage features?
- How much time are you likely to spend in your chair -- and will you sleep in it?
- Do you want the capability to adjust your seat position in two, three or more ways?
- What size is your room?
- Do you want your chair custom designed or off the shelf?
- Do you want it to be static or mobile?
- What type of chair covering do you desire - fabric, vinyl or leather?
- How much can you afford?

**Armed with this information you can make a sensible informed choice from the many available types that are on the market today.**

- Most chairs will work with weights up to 375-450 pounds. A two-position model has a lift position and a slight recline position. As you recline in a two-position model, your back and thighs will stay at about 90 degrees. They do not recline fully for sleeping.
- A three position chair will recline fully. It gives a wider range of positions and many allow the user to position his or her feet above the heart.
- Using the above check list will help you get what you want and aid your search for suitable retailers and models.
- Before making your final buying decision, evaluate a number of different models and, if possible, try out each model to make sure the covering feels good, controls are easy to operate, and you are comfortable.



All lift chairs are designed for your feet to hang over the end. If the heels remain on the ottoman, there would be pressure put on the heels and leg muscles that would cause discomfort in a short period of time.



When the heels are allowed to hang over the edge of the ottoman, the weight of the legs is put on the calves and is distributed more evenly to a larger portion of the legs. This makes it easier to sit comfortably for longer periods of time.